**Blind Diabetes Group Training**

**AFB – VisionAware**

By Ann S. Williams, Ph.D., RN, CDE

1. Diabetes: The Basics [(Listen Now)](http://media.afb.org/2104/SS_audio/Diabetes/The_Basics/02_Basics_intro.mp3) (1:49)

2. Diabetes and Vision Loss [(Listen Now)](http://media.afb.org/2104/SS_audio/Diabetes/Living_with_Diabetes_VI/04_Diabetes_VI_General_Info.mp3)  (13:40)

3. Prodigy Voice® Meter Instructions – ([Listen Now](https://www.youtube.com/watch?v=xAKZem01xPs)) (7:34 minutes)

4. Healthy Eating [(Listen Now)](http://media.afb.org/2104/SS_audio/Diabetes/The_Basics/05_healthy_eating.mp3)  (19:12)

5. Being Active [(Listen Now)](http://media.afb.org/2104/SS_audio/Diabetes/The_Basics/06_being_active.mp3)  (9:27)

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***Bridging the Gap: Living with Blindness and Diabetes***

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Marc Maurer, President  
National Federation of the Blind

Michael Freeman, President  
NFB Diabetes Action Network

Daniel B. Frye, Editor

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